

## OVER THE COUNTER/MIRALAX/POLYETHYLENE GLYCOL PREP SHOPPING LIST

PLEASE PRINT THIS LIST FOR SHOPPING: If you have not already purchased your preparation products, please purchase the following:



One (1) 8.3oz container of Miralax (Polyethylene Glycol 3350)

\*\*IMPORTANT INSTRUCTIONS\*\* REVIEW ONE (1) WEEK PRIOR TO PROCEDURE



Four (4) Dulcolax/Bisacodyl tablets



64oz Bottle of Gatorade (No Red, Blue or Purple)



DIABETIC PATIENTS 64oz Sugar Free Propel Water (No Red or Purple)

## **CONSTIPATED PREPS**

(Bowel movement every 2 days or more - OR - if you take a laxative or stool softener daily)



## PURCHASE A SECOND BOTTLE OF MIRALAX

One (1) 8.3oz container of Miralax (Polyethylene Glycol 3350)