

# WASHINGTON GASTROENTEROLOGY

## Digestive Health Specialists Division

### ANORECTAL MANOMETRY STUDY

Your physician has requested that this study be done for you.

Your appointment is scheduled on:

Date \_\_\_\_\_ Day \_\_\_\_\_ Check-in Time \_\_\_\_\_

**Please bring your insurance information with you.**

Washington Gastroenterology, Digestive Health Specialists Division  
33915 1st Way S., Suite 200, Federal Way, WA 98003  
p. 253.272.5127

**You do not have to stop any medications prior to this procedure. You do not have to stop eating or drinking on the day of your exam.**

**A complete bowel cleansing is not required for this procedure. All that is desired is that you have a bowel movement, at home, the night before or the morning of the appointment. If you need a laxative, a glycerine suppository or a small enema to accomplish this, that should be done prior to checking in for your appointment.**

**Anorectal Manometry Study** is used to show muscle function abnormalities of the rectum and anal sphincter. The test can show abnormalities of the external sphincter that cannot be shown with other examinations. This information will assist your physician in planning treatment for your particular health problem. This study usually takes about 20 minutes of actual procedure time.

Your procedure will take place in an examination room. No sedation is used for this exam. A small, flexible tube (about 1/4 inch in diameter) is gently placed into your rectum about 3-4 inches. You will be lying on a patient bed during the study. You will have to remove your clothing from the waist down. Linen will be used to keep you covered as much as possible.

**During the exam**, the tube is moved slightly to record pressures within the rectum and the anal sphincter. The tube is attached to a computer that shows a graph of these pressures. A balloon will then be placed and you will expel it in the toilet, recording the time.

**After the examination**, you may drive yourself home, eat and go about your normal activities.

Anorectal Manometry studies are very **low risk procedures**. Complications can occur, but are rare. It is possible that a perforation (tearing) or bleeding of the intestinal wall could occur. Equipment failure is extremely unlikely but does remain a remote possibility.

A report will be sent to your referring physician.

**A nurse from Washington Gastroenterology, Digestive Health Specialists Division will contact you** a few days prior to your appointment to confirm your exam time and answer any questions you may have. An RN will be doing this test for you.

Contact us with any concerns you may have, both before and after your appointment. You can contact the nurse clinician at 253.272.5127.