

## Ultrasound Elastography (Hepatus 5 Liver Scan) - Patient Instructions

Ultrasound elastography, also known as the Hepatus 5 liver scan, is a non-invasive test used to measure the stiffness of your liver. It works by sending a series of gentle pulses of painless sound waves through the liver to assess liver health.

### Patient Instructions:

- It is important to have your examination on an empty stomach. Do not eat or drink anything for at least 3 hours prior to your examination.
- No food, drink, gum, mints, or coffee. If you need to take medication, take it with a few sips of water.
- Wear comfortable clothing that allows easy access to the right side of your rib cage.

### Appointment Details:

Date: \_\_\_\_\_

Check-In Time: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

### Appointment Location:

- Silverdale Office  
3261 NW Mt. Vintage Way, Suite 221  
Silverdale, WA 98383
- Tacoma Office  
2202 S Cedar St, Suite 330  
Tacoma, WA 98405

If you have any questions or need to reschedule your appointment, please contact our office.

After your scan is completed, your healthcare provider will interpret the results according to your history and underlying disease. The results and any recommendations will be posted to your patient portal or mailed to you. Please review them and follow up with your provider if you have any questions.